

MODEH ANI

I gratefully thank You, O living and eternal King, for You have returned my soul within me with compassion –
Abundant is Your faithfulness!

The SHEMA

Hebrew Prayer adapted from Deuteronomy 6:4-9, Lev 19:18, Luke 10:27
Sh'ma Yisrael; Adonai (Yahweh) Eh-lo-hay-noo; Adonai (Yahweh) eh-chad.
Ba-rooch shem k'vode; Mahl-choo-too; L'oh-lahm vah'ed.

Hear O Israel, The LORD (Yahweh) is our God (Elohim), The LORD (Yahweh) alone. Blessed be the exalted Name of His Kingdom forever and ever. You shall love the LORD your God with all your heart, with all your soul, and with all your strength. And these words which I command you today shall be in your heart. You shall teach them diligently to your children, and shall talk of them when you sit in your house, when you walk by the way, when you lie down, and when you rise up. You shall bind them as a sign on your hand, and they shall be as frontlets between your eyes. You shall write them on the doorposts of your house and on your gates. (and) . . . you shall love your neighbor as yourself: I am the LORD.

The AMIDAH

Lord, open my lips and my mouth will declare Your praise . . .

1. "AVOT" – the Fathers

Blessed are you, O Lord our God and God of our fathers, the God of Abraham, the God of Isaac and the God of Jacob, the great, mighty and revered God, the Most High God who bestows loving kindnesses, the creator of all things, who remembers the good deeds of the patriarchs and in love will bring a redeemer to their children's children for his name's sake. O king, helper, savior and shield. Blessed are you, O Lord, the shield of Abraham.

2. "GEVUROT" – the Powers of God

You, O Lord, are mighty forever, you revive the dead, you have the power to save. [From the end of Sukkot until the eve of Passover, insert: You cause the wind to blow and the rain to fall.] You sustain the living with loving kindness, you revive the dead with great mercy, you support the falling, heal the sick, set free the bound and keep faith with those who sleep in the dust. Who is like you, O doer of mighty acts? Who resembles you, a king who puts to death and restores to life, and causes salvation to flourish? And you are certain to revive the dead. Blessed are you, O Lord, who revives the dead.

3. "KEDUSHAT HASHEM" – the Holiness of God

You are holy, and your name is holy, and holy beings praise you daily. Blessed are you, O Lord, the holy God.

4. "BINAH" – Restore Knowledge

You favor men with knowledge, and teach mortals understanding. O favor us with the knowledge, the understanding and the insight that comes from you. Blessed are you, O Lord, the gracious giver of knowledge.

5. "TESHUVA" – Bring Repentance

Bring us back, O our father, to your Instruction; draw us near, O our King, to your service; and cause us to return to you in perfect repentance. Blessed are you, O Lord, who delights in repentance.

6. "SELIHAH" – Bring Forgiveness

Forgive us, O our Father, for we have sinned; pardon us, O our King, for we have transgressed; for you pardon and forgive. Blessed are you, O Lord, who is merciful and always ready to forgive.

7. "GEULEH" – Bring Redemption and Security

Look upon our affliction and plead our cause, and redeem us speedily for your name's sake, for you are a mighty redeemer. Blessed are you, O Lord, the redeemer of Israel.

8. "REFUAH" – Bring Health

Heal us, O Lord, and we will be healed; save us and we will be saved, for you are our praise. O grant a perfect healing to all our ailments, for you, almighty King, is a faithful and merciful healer. Blessed are you, O Lord, the healer of the sick of his people Israel.

9. "BIRKAT HASHANIM" – Bring Prosperity

Bless this year for us, O Lord our God, together with all the varieties of its produce, for our welfare. Bestow ([from the 15th of Nisan insert:] dew and rain for) a blessing upon the face of the earth. O satisfy us with your goodness, and bless our year like the best of years. Blessed are you, O Lord, who blesses the years.

10. "KIBBUTZ GALUYOT" – Regather the Exiles

Sound the great shofar for our freedom, raise the ensign to gather our exiles, and gather us from the four corners of the earth. Blessed are you, O Lord, who gathers the dispersed of his people Israel.

11. "BIRKAT HAMISHPAT" – Restore Justice

Restore our judges as in former times and our counselors as at the beginning; and remove from us sorrow and sighing. Reign over us, you alone, O Lord, with loving kindness and compassion, and clear us in judgment. Blessed are you, O Lord, the King who loves righteousness and justice.

12. "BIRKAT HAMINIM" – Destroy Our Enemies

Let there be no hope for slanderers, and let all wickedness perish in an instant. May all your enemies quickly be cut down, and may you soon in our day uproot, crush, cast down and humble the dominion of arrogance. Blessed are you, O Lord, who smashes enemies and humbles the arrogant.

13. "BIRKAT HATZADIKIM" – The Righteous

May your compassion be stirred, O Lord our God, towards the righteous, the pious, the elders of your people the house of Israel, the remnant of their scholars, towards proselytes, and towards us also. Grant a good reward to all who truly trust in your name. Set our lot with them forever so that we may never be put to shame, for we have put our trust in you. Blessed are you, O Lord, the support and stay of the righteous.

14. "BIRKAT YERUSHALAYIM" – Restore Jerusalem

Return in mercy to Jerusalem your city, and dwell in it as you have promised. Rebuild it soon in our day as an eternal structure, and quickly set up in it the throne of David. Blessed are you, O Lord, who rebuilds Jerusalem.

15. "BIRKAT DAVID" – Send the Messiah

Speedily cause the offspring of your servant David to flourish, and let him be exalted by your saving power, for we wait all day long for your salvation. Blessed are you, O Lord, who causes salvation to flourish.

16. "TEFILAH" – Hear Our Prayer

Hear our voice, O Lord our God; spare us and have pity on us. Accept our prayer in mercy and with favor, for you are a God who hears prayers and supplications. O our King, do not turn us away from your presence empty-handed, for you hear the prayers of your people Israel with compassion. Blessed are you, O Lord, who hears prayer.

17. "AVODAH" – Restore the Worship

Be pleased, O Lord our God, with your people Israel and with their prayers. Restore the service to the inner sanctuary of your Temple, and receive in love and with favor both the fire-offerings of Israel and their prayers. May the worship of your people Israel always be acceptable to you. And let our eyes behold your return in mercy to Zion. Blessed are you, O Lord, who restores his divine presence to Zion.

18. "BIRKAT HODAAH" - Thanksgiving

We give thanks to you that you are the Lord our God and the God of our fathers forever and ever. Through every generation you have been the rock of our lives, the shield of our salvation. We will give you thanks and declare your praise for our lives that are committed into your hands, for our souls that are entrusted to you, for your miracles that are daily with us, and for your wonders and your benefits that are with us at all times, evening, morning and noon. O beneficent one, your mercies never fail; O merciful one, your loving kindnesses never cease. We have always put our hope in you. For all these acts may your name be blessed and exalted continually, O our King, forever and ever. Let every living thing give thanks to you and praise your name in truth, O God, our salvation and our help. Blessed are you, O Lord, whose Name is the Beneficent One, and to whom it is fitting to give thanks.

19. "BIRKAT SHALOM" - Peace

Grant peace, welfare, blessing, grace, loving kindness and mercy to us and to all Israel your people. Bless us, O our Father, one and all, with the light of your countenance; for by the light of your countenance you have given us, O Lord our God, a Torah of life, loving kindness and salvation, blessing, mercy, life and peace. May it please you to bless your people Israel at all times and in every hour with your peace. Blessed are you, O Lord, who blesses his people Israel with peace.

. . . May the word of my mouth and the meditation of my heart be acceptable to You, O Lord, my Strength and my Redeemer.

arranged by:



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